

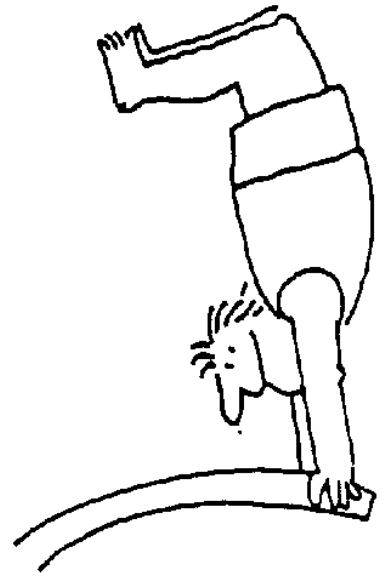
# WEBELOS AQUANAUT

Activities and Ideas

## AQUANAUT WORDSEARCH

In the puzzle below, locate the words that appear on the word list. You may find the words written backward, forward, up, down or diagonally. When you find a word, circle it on the puzzle and cross it off of the word list.

R A B A Q U A T I C S C D E B  
O E R G H I J A K L M L M N U  
W O S P Q R S R T U V I I W D  
X Y Z C Z Y X G W V U F W T D  
S R Q P U O N E M L K E S J Y  
W I H G R E E T D C B L E A P  
O B U D D Y B O A R D I F Z L  
R A B C D E L R F G H N A I A  
H I K L M E N O E R M E S Q N  
T R S T K U V W X A Y Z M N Q  
P Q R R S T U V S W T X Y Z A  
B C O D S E F K G H I H I K L  
Z N Y X N W V L O O P U I T S  
S W I M I R Q P O N M L K N O  
J G N I F O O R P N W O R D G



### Word List

SAFE SWIM  
MASK  
AQUATICS  
THROW

GO  
FINS  
ROW  
POOL

LIFELINE  
SNORKEL  
BUDDY BOARD  
TARGET

RESCUE BREATHING  
DROWN PROOFING  
BUDDY PLAN  
SWIM

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## WATER FUN AND SAFETY QUIZ

### Water Safety

For each statement, circle the correct answer, either DO or DON'T.

- DO DON'T 1. Show off in the water.
- DO DON'T 2. Dive into strange or shallow waters.
- DO DON'T 3. Go in swimming right after eating.
- DO DON'T 4. Have your family physician give you a physical before starting a swimming course.

### Boat Safety

For the statements below, circle the correct answer(s) to fill in the blanks.

1. In a rowboat, \_\_\_\_\_ people per seat is a safe rule. 1 / 2 / 3
2. \_\_\_\_\_ should wear a life jacket in a boat 20 feet or shorter. children / Scouts / adults
3. If your boat tips over, \_\_\_\_\_ swim to shore / hang on to the boat
4. Always keep a lookout for \_\_\_\_\_. other boats / swimmers / sharks

### Swimming and Rescue Safety

Using words from the list below, fill in the correct letter for each description.

- \_\_\_\_\_ Rescue method where you extend something for the victim to grab onto.
- \_\_\_\_\_ This stroke is done on either your left or your right side.
- \_\_\_\_\_ This is the name for swimming with another person.
- \_\_\_\_\_ This rescue method involves providing a floating device to the victim.

A. REACH      B. SIDESTROKE      C. BUDDY SYSTEM      D. THROW

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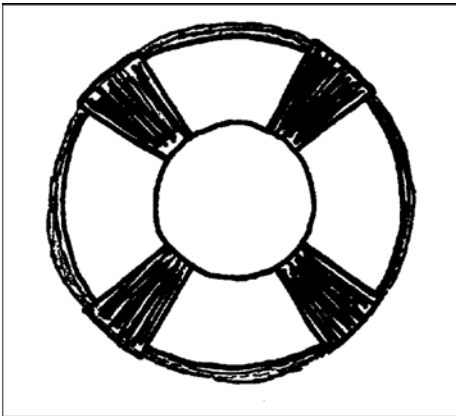
Activities and Ideas

## KIM'S GAME UNDERWATER

In five' deep water, make a small pile of five to ten familiar objects that do not float (spools, coins, metal nuts and washers, bolts, soda can full of water, etc.). Players swim out, surface dive to inspect the articles, and return. They then tell the leaders all the articles they remember seeing. The game ends with the swimmers retrieving all the objects.

## TOWEL RESCUE

Play this game in chest-deep water. Divide the group into two teams. Put one member of each team some distance from his teammates and give him a towel. On signal, he walks or swims to his team, tosses the end of the towel to a teammate, and tows him back to the position from where he started. The "rescued" boy then becomes rescuer and repeats the actions, "saving" another team member. Continue until the whole team has saved and been saved.



## LIFE PRESERVER NECKERCHIEF SLIDE

*Materials needed:*

*1 ring of foam core (2" across, 1/4" thick, 1" hole) glue*

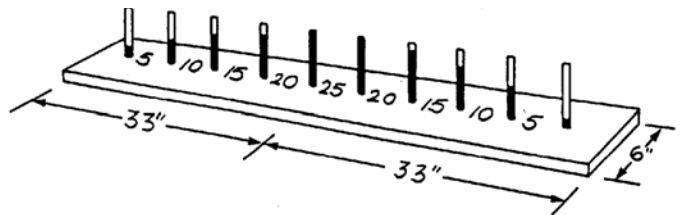
*6" white string 3/8" wide red tape white paint*

*3" pipe cleaner for slide*

Paint the ring and allow it to dry. Wrap string around the outer edge of the ring and secure with red tape in 4 locations that form a cross. Bend the pipe cleaner and poke into the back of the ring to form the slide back. Secure the pipe cleaner ends with glue.

## LIFELINE THROWING TEST

Make a target, as shown, and let the boys practice heaving a rope to a person in the water. Use a 25- to 30-foot rope and have the boys stand about 20 feet from the target. Weight the throwing end of the rope with a beanbag. The score for each heave is indicated by the numbers between the dowels. Dowels are 6" tall, placed 6" apart and painted as shown.

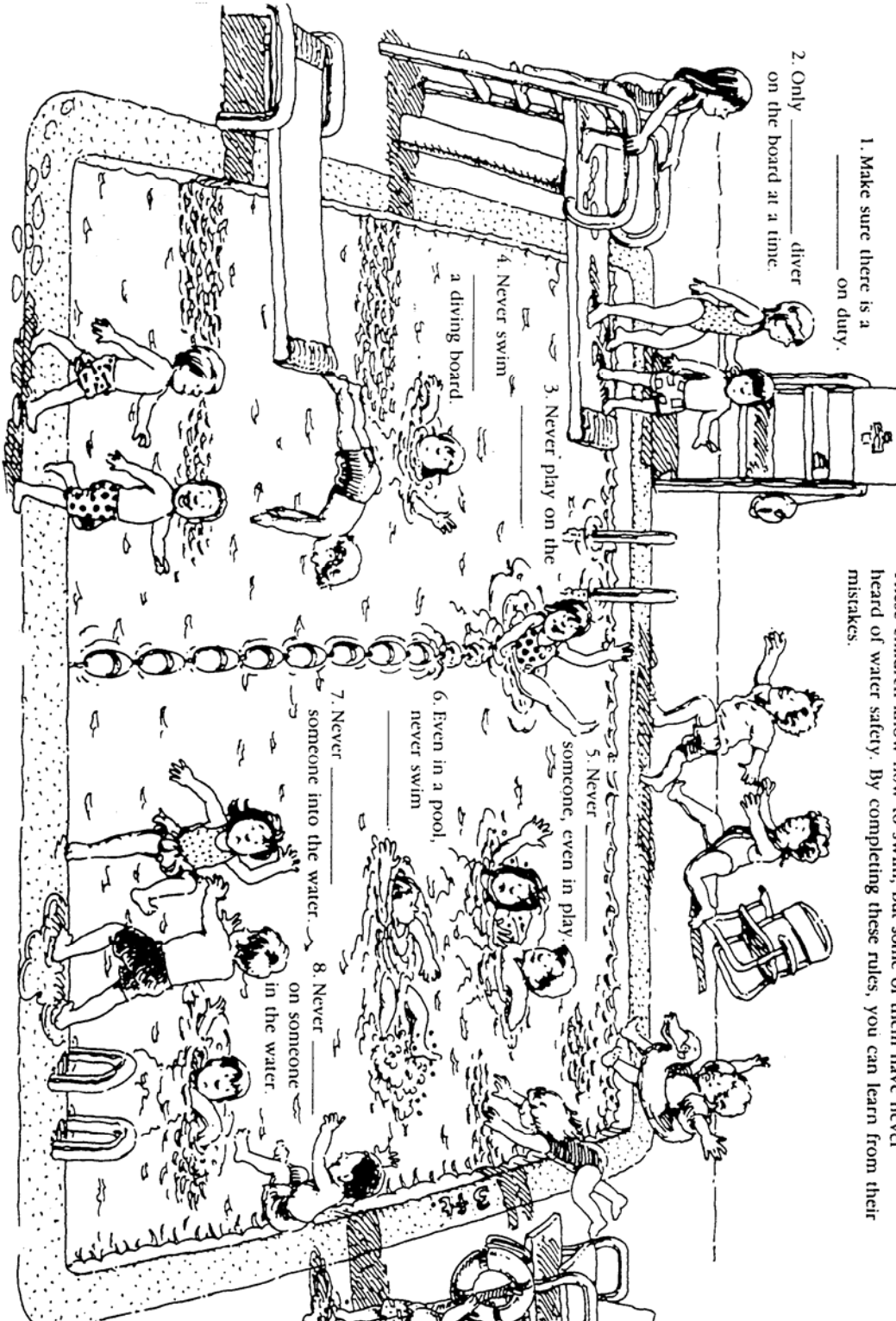


# WEBELOS AQUANAUT

Activities and Ideas

## POOL PATROL

There are 12 rules being broken in this picture. There are clues for 8 of them. Super sleuth: Can you find all 12, including the four broken rules that have no clues?

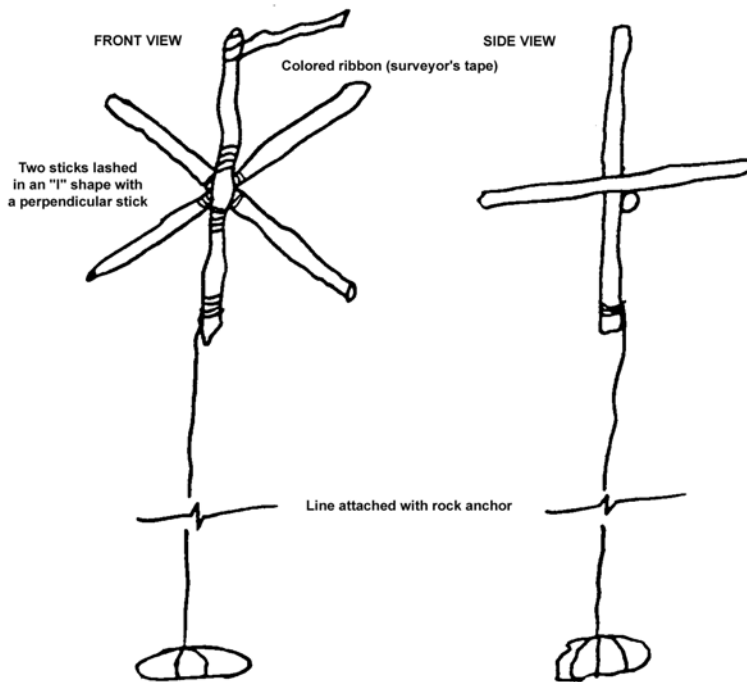


These children know how to swim, but some of them have never heard of water safety. By completing these rules, you can learn from their mistakes.

## Pool Patrol

# WEBELOS AQUANAUT

Activities and Ideas



## SWIMMING MARKERS

Make your own set of swimming markers to let others know what areas are safe for swimming or, if you are snorkeling, where they can locate you.

### *Materials needed:*

*18" to 24" long, upright sticks mounted with bottom portion longer than top to add stability*  
*brightly colored surveyors tape for lashing*  
*large rock*  
*nylon rope for tying to rock*

Lash the sticks as shown. Tie surveyors tape to the top stick, leaving enough of a tail to act as a flag. Secure the nylon rope to the bottom of the middle stick and wrap securely around the rock. When complete, position in the water.

## POOL PATROL ANSWERS:

1. LIFEGUARD
2. ONE
3. POOL BOUYS
4. AROUND
5. PUSH
6. ALONE
7. SHOVE
8. JUMP
9. Never run on the pool deck
10. Never depend on flotation toys for support
11. Never dive into shallow water
12. Life preservers are for emergencies only